

# Family Ski Trip



**Overnight  
Retreat Option**

Join us for the annual  
Ascension Youth Ministry  
Family Ski Trip

Save \$\$ with the group discount rates.

Great for first time, novice, and experienced skiers!  
Grab a friend and join us on this adventure!

## **SPECIAL RETREAT OPTION:**

Enjoy faith & fellowship with other skiers

Celebrate Mass together

Stay overnight at the YMCA for swimming & rec time

For HS & JH Youth and Boy Scouts



Ascension Youth Ministry 253-5171 x111 jollier@ascensionkettering.org www.ascensionkettering.org

**Date:** Saturday—Sunday, January 21-22, 2012

### **Overnight Ski Retreat**

Sat. 2:00pm

Retreat activities

Mass

Recreation at YMCA

Sun. 9:00am Ski

6:30pm Return to Ascension

### **Ski Only**

Sun. 7:30am Depart

9:00am

Ski

6:30pm

Return to Ascension

**Place:** Perfect North Slopes, IN.

**Group:** 6-12th grade youth and family members. Permission forms req'd for each individual

**Mtg / Pickup place:** Ascension Parish Office Building

**New Safety Requirement:** Helmets are now required. You may bring your own or rent one from Perfect North for \$5

**Cost:** See Back(return form with payment)

**Checks payable to:** BSA Troop 167

**Food:** We'll provide pop & hot chocolate, some snacks. Bring some chili, hotdogs, mac&cheese or other food to share or eat at the lodge

**Overnight Retreat:** bring \$ for dinner, permission req'd for swimming

**Transport:** Adult/Parent volunteers, Adult non-skiers welcome

**Deadline:** January 10, 2012. *This deadline is firm. No registrations can be taken after January 10*



www.perfectnorth.com

***YMCA Swimming Component Parent Permission Slip***

1. Do you want your child to participate in the swimming component of the event?

\_\_\_\_ YES \_\_\_\_ NO

2. Do you want your child to swim in the shallow water only?

\_\_\_\_ YES \_\_\_\_ NO

3. Would you like your child to wear a lifejacket? (The YMCA will provide equipment)

\_\_\_\_ YES \_\_\_\_ NO

4. My child has permission to swim in the deep water (without a flotation device) and can successfully perform the following skills:

Jump feet first into deep water, tread water for 10 seconds and continue to swim for 1 length of the pool using the front crawl.

\_\_\_\_ YES \_\_\_\_ NO

Name of Child (Print): \_\_\_\_\_

Parent or Legal Guardian (Print): \_\_\_\_\_

(Signature): \_\_\_\_\_

Date: \_\_\_\_\_

***\*\*Special note: Each child/participant must have a signed and completed permission slip in order to participate in any YMCA pool rental.***

# ONE-TIME ACTIVITY INFORMATION

**Ascension Youth Ministry, 2025 Woodman Drive, Kettering OH 45420, (937) 253-5171**

<b>EVENT:</b> Family Ski Trip <b>LOCATION:</b> Perfect North Slopes Lawrenceburg IN / Gamble-Nippert YMCA <b>DATE / TIME:</b> With Overnight 1/21/12 2:00pm - 1/22/12 6:30pm Ski Only 1/22/12 7:30am-6:30pm <b>GRP LEADER:</b> Joe Ollier, Myrna Gazzerro, Diane Melvin <b>ACTIVITIES:</b> Ski, snowboard, tubing (Ascension/YMCA—swim, recreation, retreat) <b>TRANSPORTATION:</b> Parent Drivers	<b>COST:</b> See Chart <b>EMRGNCY #:</b> Ski 812-537-3754 or Joe Ollier's Cell: 937-251-4599 : YMCA 513-661-1105 <b>MEETING PLACE:</b> Ascension Parish Office Building <b>LDR PHONE:</b> Myrna: 937-212-8140 Joe:251-4599 <b>LDR EMAIL:</b> jollier@ascensionkettering.org, gazzerro@gmail.com or cdproperties@aol.com
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**OTHER INFO:** Overnight is for HS & JH Youth and Boy Scouts. Younger family members would need to travel down with parent/adult on Sunday.

**DETACH & RETURN BOTTOM OF FORM KEEP TOP FOR YOUR RECORDS**

**ARCHDIOCESE OF CINCINNATI --- PERMISSION, RELEASE AND MEDICAL POWER OF ATTORNEY**

**Ski Trip 1/21-22/12**

1. I, the lawful parent or guardian of \_\_\_\_\_ (the "child"), give permission for my child to participate in the activity described on the reverse and release from all liability and indemnify the Archbishop of Cincinnati ("the Archbishop"), both individually and as trustee for the Archdiocese of Cincinnati and all parishes within the Archdiocese, and their officers, agents, representatives, volunteers, and employees from any and all liability, claims, judgments, cost or expenses, including attorney fees, arising out of any injury or illness incurred by my child while participating in or traveling to or from the activity.
2. I agree to instruct my child to cooperate with the Archbishop or his agents in charge of the activity.
- 3a. I appoint the Archbishop or his agents who are acting as leaders of the activity as my attorney in fact to act for me in my name and my behalf, in any way that I would act if I were personally present, with respect to the following matters if any injury, illness or medical emergency occurs during the activity or related travel:
  - (i) To give any and all consents and authorizations to any physicians, dentist, hospital or other persons or institutions pertaining to any emergency medications, medical or dental treatments, diagnostic or surgical procedures or any other emergency actions as our attorney shall deem necessary or appropriate for the best interest of the child.
  - (ii) I understand that the agents of the Archbishop will make a reasonable attempt to contact me as soon as possible in the event of a medical emergency involving my child.
- 3b. This power of attorney shall lapse automatically upon completion of the activity and related travel.
4. I agree that the Archbishop or his agents may use my child's portrait or photograph for promotional purposes, website and office functions.

I have carefully read this statement, and my signature acknowledges that I fully understand the content and meaning.

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Place of Employment \_\_\_\_\_

Work Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Phone (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_ Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relation \_\_\_\_\_

(H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_

**MEDICAL INFORMATION -- Completed By Parent/Guardian -- Please Print**

Child's Name \_\_\_\_\_ Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_

Allergies \_\_\_\_\_

Medications \_\_\_\_\_

Chronic Conditions (e.g. epilepsy, diabetes) \_\_\_\_\_

Medical Insurance Co. \_\_\_\_\_ Policy Number \_\_\_\_\_

Member's Name \_\_\_\_\_ Member's Birthdate \_\_\_\_/\_\_\_\_/\_\_\_\_ Phone \_\_\_\_\_

Family Doctor \_\_\_\_\_ Phone \_\_\_\_\_

ITEM	Cost	QTY	TOTAL
All Area Lift Ticket (all ages)	\$26	_____	\$ _____
Ski or Snowboard Rental	\$12	_____	\$ _____
Helmet Rental (Helmets are required) \$5		_____	\$ _____
Lessons (age 7+)	FREE	_____	\$ 0 _____
Tubing only 2 hrs \$20/3 hrs \$25		_____	\$ _____
Overnight Retreat	\$18	_____	\$ _____
Registration	\$3	_____	\$ _____
			<b>\$ _____ TOTAL</b>

\_\_\_\_ I can chaperone & drive **Sat/Sun** if necessary  
 \_\_\_\_\_ # passengers with seatbelts

\_\_\_\_ I can chaperone & drive **Sun** if necessary  
 \_\_\_\_\_ # passengers with seatbelts

OFFICE USE:  Paid Amt. \_\_\_\_\_ Check # \_\_\_\_\_



# Family Ski Trip Important Information

Ascension Youth Ministry 253-5171 x111

jollier@ascensionkettering.org

www.ascensionkettering.org/youth-ministry

<b>EVENT:</b> Family Ski Trip	<b>COST:</b> See Chart
<b>LOCATION:</b> Perfect North Slopes Lawrenceburg IN / Gamble-Nippert YMCA Cincy	<b>EMRGNCY:</b> Ski 812-537-3754 or Joe Ollier's Cell: 937-251-4599
<b>OVERNIGHT &amp; SKI:</b> Meet at Ascension Parish Office Bldg. Sat 2:00pm / Return Sun. 6:30pm	: YMCA 513-661-1105
<b>SUNDAY ONLY SKI:</b> 9:00am-(ski start time) return 6:30pm	<b>GRP LDR:</b> Myrna Gazzoero and Joe Ollier
<b>GROUP LEADER:</b> Joe Ollier, Coordinator of Youth Ministry, Myrna Gazzoero, Diane Melvin	<b>LDR PHNE:</b> 937-212-8140 (Myrna) 253-5171 x111 (Joe)
<b>ACTIVITIES:</b> Ski, snowboard, tubing (Overnight YMCA—swim, recreation, retreat)	<b>LDR EMAIL:</b> gazzoero@gmail.com, cdproperties@aol.com or jollier@ascensionkettering.org
<b>TRANSPORTATION:</b> Parent Drivers	
<b>OTHER INFO:</b> Overnight is for HS & JH Youth and Boy Scouts. Younger family members would need to travel down with parent/adult on Sunday.	

## Permission forms:

- Ski Trip/Retreat permission form should be turned in to Joe Ollier or Myrna Gazzoero by January 10. No registrations will be taken after Jan.10.
- Snow Tubing—Perfect North Slopes **REQUIRES THEIR FORM** bring with you if you are snow tubing.
- Swim Permission form a **MUST** for overnight at YMCA

## Clothing/Dress in Layers:

- Head - **Helmets are now required. You may bring your own or rent one from Perfect North for \$5.**
- Body - warm jacket with water resistant qualities, turtleneck
- Pants - long underwear and ski pants or sweatpants/tights and **NO** jeans - cotton/denim soak up the wet snow, get heavy and cold. No ski pants? Then wear layers of long johns/ sweats with nylon windbreak pants (the 'swishy' kind) as an outer layer to keep you dry.
- Feet - one good pair of wool socks (not too thick), cotton soaks up sweat/moisture causing cold feet, layers of socks causes blisters, boots are made to keep feet warm.
- Eyes - goggles or sunglasses
- Hands - waterproof gloves

## Meals:

### Overnight Retreat

- The \$18 fee includes the retreat, pizza dinner at YMCA and morning breakfast
- bring snack to share (drinks provided)

### All Skiers:

- chili, sloppy joes, hot chocolate, snacks—please bring something to share
- \$ if you plan to purchase food (lodge cafeteria average cost of full meal \$6-9)

*We will have a group area (Upper Level of Lodge) where you can keep your snacks/sack lunch*

## Overnight Retreat

- bring swim suit/towel if you wish to swim
- bring something to sleep in (blanket or light weight sleeping bag as room in cars will be tight with ski clothing and food items)
- We will be attending 5:00pm Mass at St. Martin

# More important details

**We will have a designated Ascension Group Area in the lodge** - it will be a great to check-in, to take a rest, get warmed up and have a snack. You can keep extra clothes and snacks here.

**Conduct Guidelines** - Youth Ministry/School/Scouting guidelines are in effect for this event for all youth and adult participants. Ascension/Perfect North Slopes are not responsible for lost/stolen items.

**Ascension ID Tags** - each participant will receive an ID Tag to help us find/identify group members on the slopes. These must be worn at all times. Folks don't look the same all bundled up!

**Departure** - At end of ski time, all rental equipment must be returned to rental area. You **MUST** allow adequate time to return the gear so we can leave on time.

**Emergencies** - if injury occurs, go to/notify Ski Patrol immediately, then page or call Joe Ollier's cell. If you cannot immediately reach Joe, notify an Ascension adult in the group area in the Lodge. All release/medical forms are kept here.

**Trail Symbols** – The difficulty of a ski trail is indicated by easily recognizable symbols: Green circle – easiest, Blue square – more difficult, Black diamond – most difficult. Skiers/riders who get onto terrain above their ability may want to stop a passing skier and ask him to notify the Patrol. If worse comes to worse, it's perfectly acceptable to take your equipment off and walk down the trail. But, for the safety of other's, try to stay as close to the edge of the trail as possible.

**End-of-Day-Fatigue** – Every smart skier & snowboarder knows that sometimes the "last run" is best left for the next time. When enthusiasm has surpassed energy at the end of the day, quit.

**Relax and Enjoy** – No one looks as awkward as they feel. Relax, smile, and enjoy.

**Visit Perfect North Slopes' Web Site:**

[www.perfectnorth.com](http://www.perfectnorth.com)

**Check out:** trail maps, weather/snow reports, and more

