

# Ascension School Family Newsletter

Vol. 10, Issue 26

March 26, 2010

"For God gives those who please Him wisdom, knowledge, and joy."

*Ecclesiastes 2:26*

[www.ascensionkettering.org/ascension-school/](http://www.ascensionkettering.org/ascension-school/) Ph: 254-5411

## Prayers for Parents...

This past week in our morning prayers we have kept the following parents in our prayer intentions:

Michael Tracy, Joylynn Tracy  
Jerome & Susan Trimbach  
Mark & Laura Vest  
Richard & Laura Vulgamore  
Mark & Sue Waggoner  
Tim & Karen Walker  
Jason & Lisa Walsh  
Ronald & Maureen Ware  
Alicia Pickering

Matthew Trickett & April Ostendorf  
Ken & Judy Tunney  
David & Lisa Via  
Scott & Ingrid Waggoner  
Jennifer Walker  
Dan & Carol Wallace  
Jim & Kelly Walsh  
Mark & Ann Wehner  
Sam & Julie Weitz

## School Calendar

The School Calendar for 2010-11 has been approved by the Archdiocese. A copy is enclosed. Please note the different placement of Spring Break occurring during Holy Week next year. This is a one year accommodation in alignment with all of our Catholic High Schools in the Dayton area due to a very late Easter and the need for testing the week after Easter. The monthly calendar for April is also enclosed.

## Celebrating the Arts...

### K-12 Gallery Show

Ascension and St. Helen students will present artwork at the K12 Gallery for Young People downtown beginning with an Opening Reception is from 6-8pm on Weds, March 31. All students in Grades 1-5 and 8 will have art exhibited in the K12 Gallery Show.

### Creative Spirit Fine Arts Festival

Ascension School is participating in the Creative Spirit Fine Arts Festival to be held Sat, March 27, at St. Christopher Parish, conveniently located just off I-75 at 435 E. National Road (Rt. 40), Vandalia. From 9 am - 3 pm, almost 1000 pieces of art from 25 of our Miami Valley Catholic schools, including Ascension, will be on display in the church foyer and school library. A majority of Ascension's school's choir will be participating in the combined chorus performance beginning at 12:30 pm in the church. There is No Admission Charge or Parking Fee for this event! Food service will be provided in the school cafeteria by the PTO.

## Uniform Clothing

Educational Apparel will be here for the school uniform spring sale on **Weds, March 31** from 2:30 - 6 pm in the Cafeteria.

## BINGO Volunteers

We thank Bingo Volunteers for March 18: **Kate Elder, John Gazzero, Myrna Gazzero, Kim McDaniel.** Volunteers for Thurs, April 8 are: **Lisa Eckley, Tracy Takach, Melissa Cormier** There is no BINGO on Holy Thurs, April 1. Karen Walker is our school coordinator for BINGO volunteers. Please call her at 293-3976 to make plans for the one night of BINGO service that all parents of school families have been encouraged and challenged to pledge.



## Tuition Assistance

The deadline for PSAS applications is April 1. If families have not received an application you may request one from the school office or download the forms online from the school website. All families requesting assistance must also apply for PACE and attend the next PACE orientation on Mon. April 5 at 5pm.

## Yearbook Picture Day

Next Tuesday is "Candid Photo" day for the Yearbook. All group photos of co-curricular activities such as Power of the Pen, Lego Club, MathCounts and JOOL are taken that day so students are permitted to wear their team shirts.

## Jump Rope and Hoops for Heart Update

Hoops for Heart was held today in conjunction with the 3MBR tournament. Jump Rope for Heart activities for Kdg - Gr. 4 to the week of March 30. Donations for both activities may be returned anytime during the week of the 30<sup>th</sup>.

## Elementary School Day "Fitness Challenge" Catholic East District Try Out

Ascension School and St. Helen School are teaming up together as Catholic East District to host this year's annual **Fitness Challenge** to be held at Stebbins High School on Sat, April 17. The response this year from Gr. 4 participants has been so great that there is need to hold a District Day Try Out to put our final team together.

Rain or shine try outs will be held at the Carroll High School track on Sat, March 27. Please dress for the weather as it has rained just about every year that a try out has been held! The tryout begins at noon with the fitness events and then move on to the running events. Please contact our District Challenge Leader Mary Beth Walters if you have questions at [mwalters@sthelenschl.org](mailto:mwalters@sthelenschl.org). See you at try outs!

## Science Fair

Seven students qualified for and participated in West District Science Day. We are very proud of Kristen Wehner who qualified to go on to State. Students who participated were **Paul Bete, Morgan Joly, Nicholas Schlegel, Taylor Waggoner, Kristen Wehner, Megan Weitz and Adam Wilhelm.**

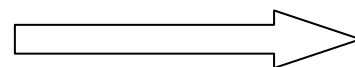
## A Note from the Nurse:

March is National Nutrition Month. A healthy diet is very important for our children. Studies show that children who eat a healthy well-balanced breakfast perform better in school and on tests. Breakfast is considered the "Brain Power" food. It wakes us up, and levels out our blood sugars so we can perform throughout the day. Please try to get your children up early enough to eat a healthy breakfast. If your child doesn't like to eat a big breakfast in the morning then a piece of toast with cheese or peanut butter, or a waffle with cheese or peanut butter will work. Again, breakfast is the most important meal of the day, and can help our children become even more successful in school.

Another important thing to remember is when sending snacks into school make sure they are healthy well balanced snacks. Please do not send candy, cookies, or other foods with a high sugar content. These kinds of foods only give them a temporary boost of energy, then they become tired, irritable, and unable to concentrate. Some examples of a healthy snack would be apples, bananas, grapes, crackers with cheese, pretzels, granola bars, etc.

Our number one priority is to provide a healthy and safe environment for your children and healthy eating is one way to promote this.

Over please...



### Easter Egg Hunt at Ascension

Ascension's Knights of Columbus Our Lady of Light Council 14891 will be holding an Easter Egg Hunt on Sat, April 3 from 12-1pm on Ascension's athletic field. The egg hunt is free and open to any child 9 yrs old and younger and will be divided into 4 age groups. In case of bad weather, we will meet in the PAC. Any questions, contact Tim Magoto at 426-7266.

### Ascension Festival T-Shirt Design Contest

The Ascension festival is only a few months away and we need to have a theme for this year. All members of Ascension (eighth grade and younger) are encouraged to take an official entry form found in the narthex of the Church. Prepare a fitting theme for this year's festival and you could be the winner. All entries are due back to either the Rectory or the School Office by Tues, April 13, 2010. A winner will be chosen and announced in a future bulletin. Good luck to everyone!

**University of Dayton's Alpha Phi Omega Chapter** would like to invite you to The H.O.P.E. Carnival For Cystic Fibrosis!!  
Where: UD's campus on Art Street and McGinnis Center (parking is available)  
When: Sunday, April 18th 2010 Time: 11 AM to 4 PM  
Who: Alpha Phi Omega and other UD organizations and clubs

All proceeds go towards to Cystic Fibrosis Foundation!!  
Check out [cff.org](http://cff.org) for more information regarding cystic fibrosis! Any questions or concerns please contact Katie Jipson at [katiejipson@gmail.com](mailto:katiejipson@gmail.com)

### Calendar Update

<b>March</b>	26	F	Report Cards Sent Home
	30	TU	Candid and Group Photos
	31	W	Spring Uniform Sale, 2:30-6:00, Cafeteria K12 Gallery Art Show
<b>April</b>	1	TH	Holy Thursday, School in Session
	2	F	Good Friday, No School
	4	SU	Easter
	5	M	PACE Orientation, Pace Office, 6-7pm
	5-9	M-F	Easter Break, No School

### Enclosures

School Calendar  
April Calendar  
Father Daughter Dance flyer  
Gr. 7 & 8 Ed Outing Permission Forms  
Gr. 5 Ed Outing Permission forms  
St. Helen Credit Union flyer  
Carroll HS Easter egg Hunt flyer

### Return Date

None  
None  
None  
Mon. March 29  
Mon. March 29  
See details  
See details

### Quotation

*Gratitude is the fairest blossom which springs from the soul.*

Henry Ward Beecher



**BE FAITHFUL TO THE GOSPEL**